



OUT OF THE WOODS CIC

PLAY & CREATIVE
ARTS THERAPY

After being awarded a National Lottery Community Fund grant we are pleased to be able to offer play and creative arts therapy to SEN children who have left school due to their needs not being met and are now home educated.

We will be offering a mix of child-led play therapy and Autplay® Therapy.

Autplay® Therapy is a play-based behavioural approach that can help to develop connection, emotional regulation and social skills.

Sessions will include a parent/carer joining alternate sessions to introduce them to some simple play techniques that can be used at home.

We are able to offer therapy sessions for individual children and social skills groups for up to 5 children.

The social skills groups will be formed by bringing together children with similar developmental needs. One will be in South East/North Cornwall and the other Mid/West Cornwall.

Individual sessions can be in any area of Cornwall (depending on venue/therapist availability).

We want to work with parents and children to make sure sessions are a good fit with their family's needs.

This is a pilot project which we hope to extend and to offer to more families in the future.

For more information please contact us



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