

PASSIONATE ABOUT BEING CALM



A 2-hour workshop for Parents / Carers of children aged 4 to 11 years

Thursday 29th September 2022 12:30-14:30
On Microsoft Teams

Session includes:

- Understanding children's worry
- Strategies to help children understand their feelings
- Practical tools to help your child stay calm
- Resources and top tips for further support

To access the session, please click the link below:

Microsoft Teams meeting

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