



Head of College: Mr W Jenkins  
Executive Headteacher: Mrs D Bryant  
Tel: 01326 572685  
Fax: 01326 572183  
Church Hill, Helston, Cornwall. TR13 8NR  
Email: [enquiries@helston.cornwall.sch.uk](mailto:enquiries@helston.cornwall.sch.uk)  
[www.helston.cornwall.sch.uk](http://www.helston.cornwall.sch.uk)

9<sup>th</sup> May 2017



**CLEAR, PO BOX 706, TRURO TR1 9NF**  
**TEL 01872 540366**

Email [info@clearsupport.net](mailto:info@clearsupport.net)  
[www.clearsupport.net](http://www.clearsupport.net)

Dear Parent/Carer

**CLEAR HEALTHY RELATIONSHIPS WORKSHOPS**

As part of a Government initiative, CLEAR have been contracted by Cornwall Safety Partnership (part of the County Council) to deliver four Healthy Relationships workshops in all Cornish schools over the next four years. It will be rolled out gradually across year groups, rather than the entire College being involved all at once.

The programme will be delivered over four weeks during College time, and the aims are:

- To promote healthy relationships and have an understanding of what is an unhealthy relationship
- To have a good understanding of sexual relationship including the meaning of “freedom and capacity to consent”
- To be able to identify various types of abuse, signs of abuse, the impact of abuse and ways to cope with abuse including how and where to ask for help
- To develop communication skills, improve self-esteem and have respect for themselves and others.

The programme will be presented by qualified therapists, who specialise in working with children and young people and will include drama, music and art, to help develop understanding of the aims set out above. The therapists should be able to support emotionally anything that arises out of the workshops. If appropriate, further therapy can be accessed through CLEAR.

The benefit of the programme, in terms of raising awareness and signposting young people to the right support, is invaluable and we hope that you will consider it a worthwhile programme for your child to undertake. However, if you **do not** wish your child to take part, please sign the form below and return it to tutors by **Friday 12<sup>th</sup> May 2017**. The College will consider any unreturned forms as parental consent to attend the sessions.

If you have any queries about the programme please contact Mrs Hocking, Year 9 Head of Progress.

Many thanks

**Dave Lewis**  
**Assistant Head and Child Protection Officer**

.....  
I confirm that my child \_\_\_\_\_ Tutor group: 9\_\_ **DOES NOT** have permission to attend the Healthy Relationships workshops to be held over a four-week period from Wednesday 17th May 2017.

SIGNED \_\_\_\_\_ PRINT NAME \_\_\_\_\_

DATE \_\_\_\_\_

**Please return to tutors by Friday 12<sup>th</sup> May 2017**